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SUNDAY 2 FEBRUARY: 5 BEFORE LENT / CANDLEMAS

COLLECT

God of our salvation, help us to turn away from those habits which harm our bodies and poison our minds and to choose again your gift of life, revealed to us in Jesus Christ our Lord.



Benington & Walkern Church Services

Sunday 2 February: 5 before Lent / Candlemas

St Mary's, Walkern	9.30am	Family Communion Service	Rev Mark Bailey
St Peter's, Benington	11.00am	Holy Communion	Rev Mark Bailey
Benington Methodist Church	10.30am	Morning Prayer	Yvonne Johnson
United Reformed Church, Walkern	10.30am	Family Service	

Next Sunday 9 February: 4 before Lent

St Mary's, Walkern	9.30am	Holy Communion	Rev Mike Leverton
Benington	10.30am	Morning Prayer	Rev Zdzisiu
	10.30am	Wolfling Frayer	
Methodist Church			Hendzel
United Reformed	3.00pm	Julian Prayer	Steve Mason
Church, Walkern	·	•	



Apologies to Paul Warner for mistakenly attributing his photograph on the *Thank You* leaflet to Paul Collis. Thanks Paul W for sharing your photo with us.



Walkern & Benington Food Bank: St Mary's church in Walkern on Wednesday mornings 9.30-10.30.

We are very grateful to everyone who gives so generously to our Foodbank. Your help is very much appreciated and still badly needed. Any of the following products are in demand.

Tea Rice - microwaveable Tinned vegetables
Coffee Cleaning and laundry Tinned soup
Milk products Tinned fruit

Snacks Children's snacks and drinks Tinned custard & rice
Sugar Toilet rolls pudding

Biscuits Tinned fish/ meat Baked beans
Pasta Tinned tomatoes Toiletries
Cereal Sanitary products Pasta sauce

Pies Washing up liquid

Sorry - but we can't take items that are past their 'use by' date. Beverley Harlow on 07881588662 or <u>bevharlow16@gmail.com.</u>



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Supported by a grant from East Herts Council

WALKERN HALL SG2 7JA SNOWDROPS

1st/2nd February 12-4 p.m.

Come and see the beautiful

Springtime gardens open for the

National Garden Scheme

Soup, tea, cakes, etc. sold in aid of St Mary's Walkern





Can you help?

Walkern Hall Snowdrops

Refreshments in aid of St Mary's Gardens open 1st/2nd Feb. 12-4 pm Please see Liz Morgan for details



Julian Prayer at the United Reformed Church, Walkern

At the URC we shall have Julian Prayer meetings on the 2nd Sunday of the month, to have half hour of contemplative meditation on a prayer or Bible reading.

Julian of Norwich (c. 1343 – after 1416) was an English mystic and theologian best known for her work "Revelations of Divine Love," the earliest surviving book written by a woman in English. After experiencing intense visions of Christ's Passion during a severe illness in 1373, she documented these experiences, emphasizing God's love, mercy, and the promise that "All shall be well." From her experience Christians have explored Contemplative Prayer and Meditation.

Christian Contemplative Prayer and Meditation involves waiting upon God, listening for, and being open to, God's presence. It is about remaining silent and attentive in God's presence. Rooted in early Christian tradition it involves stillness, silence, simplicity, and surrender, allowing God to take the initiative.

NOTICE OF ROAD CLOSURES

Travellers from Stevenage to Walkern are advised that Fairlands Road will be subject to closures from the beginning of February on various dates. An alternative route would be to drive along Martins Way and Gresley Way to the Walkern roundabout. Hopefully more detailed notices will be posted nearer the time.



PRAYER REQUESTS

Named requests for prayer will be included on the notice sheet for at least one month. If you would like a name to be included for our intercessions, please contact the Parish Office ubbw@hotmail.co.uk or 07407 630159 or Maggie Hawkins (359500) for Walkern. (Names from the prayer board in St Mary's Church will also be included in the intercessions in that church.) Prayer is regularly offered for all the sick and needy in our community.

FOR OUR PRAYERS THIS WEEK

Those who live in our villages: This week we pray for all who live in Finches End, Walkern and Blacksmiths Hill, Benington.

We pray for those in our parishes or friends and family members who are housebound, unwell, receiving treatment or recovering from operations: Katie Tysome (Walkern), Liesa Jernigan (Walkern), Jane Pitts (Walkern), Jan and Chris Phillips (Walkern), Tony & Sybil Baker (Benington), Jennifer Newton (Benington) and Maureen Lamb (Walkern).

We also remember those who have died and their families and friends: Leon Snell (Cottered), Pauline Morgan (Walkern) and Don Swain (Walkern).